

**The Mayo Clinic has been acknowledged as a leader in quality medical care for more than a century.**

Under the TeamCare program, Central States Health and Welfare Members have complete and direct access to Mayo for any medical care. As a member in the Fund, you will receive ready access to Mayo health services - whether it's for information, a second opinion, or the actual treatment - the Mayo Clinic stands ready to provide you the best care. Mayo Clinic is based on the idea of "cooperative medicine"; teams of experts combine their skills and experience to help solve people's medical problems. In simple terms, Mayo believes that two heads are better than one, and five are even better.

For most illnesses and injuries, your care at a local facility or hospital is appropriate - however - for more highly specialized cases access to the Mayo Clinic can be crucial. Whether confirming the original diagnosis and treatment, or providing treatment, Mayo has experience in dealing repeatedly with all types of cases - making the best care available to you and your family.

With locations in Rochester, MN, Jacksonville, FL or Scottsdale, AZ - access to the Mayo Clinic is a phone call away.



In addition, you also have access to the **Ask Mayo Clinic** nurse line which provides you and your family with reliable health information when you need it - 24 hours a day. Experienced registered nurses, who draw on the resources of Mayo Clinic, answer questions and offer reliable health information to help you make better-informed health care decisions. Reliable health information is only a phone call away - **1-800-700-MAYO**. Ask Mayo Clinic nurses can help you decide on the appropriate level of care for illness and injuries.

Staffed by registered nurses with an average of 22 years nursing experience, **Ask Mayo Clinic** nurses draw on the extensive health information resources of Mayo Clinic's award-winning online and print reference information to provide up-to-date, reliable information on any of your health concerns. In complex cases, nurses have the option of consulting with Mayo Clinic physicians. Every call is answered by experienced registered nurses - no intake assistants, "information specialists" or recorded health messages. In addition, if you want to speak to a physician directly, you will receive a call back, usually within 24 hours, from a physician.

Ask Mayo Clinic nurses have a passion for helping people. Most of the nurses have many years experience in bedside nursing at Mayo Clinic's affiliated hospitals. Their continuing dedication to excellence is evident in the professional, personal attention they give to each caller.



Call anytime you need help deciding how to handle any illness or injury, or when you need health information you can trust. Good decisions are based on good information. Ask Mayo Clinic gives you the information you need to make the best health care decisions for you and your family. When you need a little help deciding what to do next, it is great to know that an experienced nurse is waiting for your call. Although, Ask Mayo Clinic is available 24 / 7 to help you decide on the most appropriate level of care for illness and injury, it should not be used as a substitute for 911 for true emergencies,



The Ask Mayo Clinic nurse line provides direct access to reliable health information, 24-hours a day. Experienced Mayo nurses can answer your health care questions and help you make better-informed health care decisions.

When you want to talk to a nurse about a medical question, call the Ask Mayo Clinic nurse line. It's free and you can call at any hour of the day or night.



**Ask Mayo  
Clinic  
Nurse Line**

**1-800-700-MAYO**